League of American Bicyclists Bicycle Safety Course Offered

Smart Cycling-Traffic Skills 101 Course

Description: Smart Cycling-Traffic Skills 101 is a nine hour course that provides instruction and guidance in the basic principles of vehicular bicycling. Bicyclists have more fun when they ride with skill and confidence. This course combines classroom discussion and parking lot activities with on-road practice of the principles of vehicular bicycling. The instructor for this course is certified by the League of American Bicyclists.

COST: \$20.00 to cover materials and safety items

Dover

Friday March 5th (6 – 9 pm) and Saturday March 6th (9 am – 2 pm) at the DelDOT Admin Building 800 Bay Rd, Dover DE

Seaford

Friday March 12th (6 – 9 pm) and Saturday March13th (9 am – 2 pm) at the Seaford Police Department 300 Virginia Ave, Seaford DE

To register for either course, contact:

Michael Love Phone: 302-856-2585 x583 Contact Email: <u>mlove@udel.edu</u>



Space is limited reserve your spot today – advanced registration is required