



Walkable Bikeable Delaware

Active Transportation, Healthy Families

Bike to Work

Wilmington to New Castle

Walk to School

Newark to Wilmington

Jog to the Park

Clayton to Smyrna to Dover

Hike to the Beach

Georgetown to Lewes

May 1, 2013
Dover

Program

- 9:00 am** **Announcement of Delaware's New Bicycle Friendly State Ranking**
Introduction - Collin O'Mara
Secretary, Delaware Department of Natural Resources and Environmental Control
- 9:30 am** **Rich Killingsworth**
Chief of Health Promotion and Disease Prevention
Delaware Health and Social Services
- 10:00 am** **Jeff Niezgoda**
Manager, First State Trails and Pathways Program
Delaware Department of Transportation
Update and Status Report on 1st State Trails and Pathways Program
- 10:30 am** **Professor Peter Furth**
Professor of Civil and Environmental Engineering
Northeastern University
Low Stress Bike Networks for Everybody: Criteria and Connectivity
- 11:00 am** **Representative Valerie Longhurst**
Delaware House Majority Leader
- 11:30 am** **Lunch**
- 12:00 pm** ***Opportunity to attend Policeman's Memorial***
- 1:00 pm** **Legislators Ride cyclists led by Senator David Sokola arrive**
- 1:00 pm** **Bike Month Proclamation**
- 1:00 pm** **Governor Jack Markell and Rita Landgraf, Secretary, Delaware Health and Social Services**
- 1:50 pm** **Governor's Trails and Pathways Initiative**
DeIDOT/DNREC Bike Safety Campaign Announcement
- 2:05 pm** **PANEL: Active Transportation and Healthy Families: Next Steps in Delaware**
Panelists:
Representative Dan Short, Delaware House Minority Leader
Representative Deborah Hudson, Delaware House Minority Whip
Senator Bethany Hall-Long
Shailen Bhatt, Secretary, Delaware Department of Transportation
Dr. Karyl Rattay, Director, Division of Public Health, Delaware Health and Social Services



Bios



Shailen Bhatt serves as Cabinet Secretary for the Delaware Department of Transportation. His responsibilities consist of managing the day-to-day operations of the state's transportation system including transit, motor vehicles, project construction, maintenance, planning, IT and HR functions. He is also charged with directing a billion dollar budget and nearly 2,800 employees. Bhatt's background includes working on transportation issues at the local, state and federal levels. Prior to his confirmation by the Delaware State Senate as Secretary, he served as an Associate Administrator at the Federal Highway Administration (FHWA) in Washington, DC. In this role, he was charged with setting policy and managing relationships with members of Congress and leading the FHWA's efforts in reauthorizing the nation's surface transportation legislation. At FHWA, Bhatt played a key role in establishing a Federal Highway Administration's initiative on accelerated project delivery called Every Day Counts (EDC).

Before joining FHWA, Bhatt served as a Deputy Executive Director with the Kentucky Transportation Cabinet (KYTC) where he was responsible for advancing transportation projects and addressing regional transportation needs. During his time at KYTC, he helped oversee a record construction letting period for the state. Prior to that, he was Director of the Bowling Green/Warren County Metropolitan Planning Organization.

Bhatt is a graduate of Western Kentucky University with a Bachelor of Arts in Economics.

Bhatt currently serves on AASHTO, Board of Directors and Chairs the Standing Committee on Public Transportation; Diamond State Port Corporation, Board of Directors; Northeast Corridor Commission, Co-Chair to Communication and Public Outreach Committee; and State Smart Transportation Initiative, Advisory Committee.



Peter Furth is a Professor of Civil Engineering at Northeastern University, where he does research in transit operations analysis, traffic signal control, and bicycle transportation. He has published more than 50 papers and book chapters. He has taught bicycle facility design in courses and workshops since 2007, including summer courses in the Netherlands introducing American students to Dutch urban planning and bikeway design. His bicycle-related research projects include studying the safety of along-road bike paths in Montreal, mapping existing and potential greenways in the Boston area, network analysis of low-stress bicycle routes in San Jose (CA), and analyzing the operational characteristics of different bike lane configurations. He is the inventor of the Bicycle Priority Lane marking used in Massachusetts and in Minneapolis, and is a contributing author to the Bikeway Design Guide published by the National Association of City Transportation Officials. He developed the bicycle network plan for Brookline, MA, and has participated in the design of many bikeways (bike paths and bike lanes) in the Boston area.

Furth earned his BS, MS, and PhD degrees from the Massachusetts Institute of Technology.

Furth is active with the Transportation Research Board; the Association of Pedestrian and Bicycle Professionals; the American Society of Civil Engineers; the Institute of Transportation Engineers; the Boston Cyclists Union; the Massachusetts Bicycle Coalition; and the bicycle advisory committees of Boston and Brookline.



Senator Bethany Hall-Long (D-Middletown) is a member of the Delaware Senate. She chairs the Community/County Affairs and Health & Social Services committees. She serves on the Banking, Bond, Education, Highways & Transportation, Insurance and Veterans Affairs committees. She is the Associate Professor & Interim Director of the School of Nursing where her research and community service record with at risk groups such as pregnant teens, diabetics, homeless and the mentally ill, makes her a nationally recognized health scientist.

Before being elected to the Delaware Senate, Senator Hall-Long worked as a nurse manager and home care nurse in Northern Virginia. She served as a U.S. Senate and USDHHS fellow, receiving numerous awards for her community work and public policy activities on Capitol Hill.

Senator Hall-Long earned her BSN from Thomas Jefferson University, her MSN from the Medical University of South Carolina and her PhD from George Mason University.



Representative Deborah Hudson (R-Fairthorne) is the Minority Whip of the Delaware House of Representatives. She has represented her district since 1994. She serves on the Rules, Administration, Ethics, Veterans Affairs and Telecommunication, Internet & Technology committees.

Before being elected to the Delaware House of Representatives, Representative Hudson taught at Claymont Middle School and was the prothonotary of the New Castle County Superior Court.

Representative Hudson is a graduate of the University of Delaware.

Bios



Richard Killingsworth is the Chief of Health Promotion and Disease Prevention for the Delaware Division of Public Health. In this capacity Mr. Killingsworth is the chief administrator of key health promotion initiatives that span issues in physical activity, nutrition, tobacco, healthy weight, cancer, diabetes, and many others.

Before joining the Division of Public Health, Killingsworth served as the inaugural Executive Director and Chief Operating Officer for the National Foundation on Fitness, Sports, and Nutrition. Prior to that, he served as Deputy Director of Nemours Health and Prevention Services; Executive Director of the Harvest Foundation; Program Director of the Ruth Mott Foundation; National Director of Active Living by Design; Associate Research Professor at the University of North Carolina - School of Public Health; and a Health Scientist at the Centers for Disease Control and Prevention.

Killingsworth earned his Bachelor of Science in Community Health Education from Indiana State University and his Masters of Public Health in Public Health Education from Indiana University. Killingsworth currently serves on several Boards of Directors and National Advisory Groups. He is the Chairperson of the New Castle County Planning Board. He also serves on the Board of Directors for the Walkable and Livable Communities Institute, Building Healthier America, Partners for Livable Communities, City Parks Alliance, and the Prevention Committee for the American Diabetes Association.



Rita M. Landgraf is the Secretary of the Delaware Department of Health and Social Services. As Secretary, she leads the principal agency charged with keeping Delawareans healthy, ensuring they get the health care they need, and providing children, families and seniors with the essential human services they depend on. She also oversees one of the largest departments in the Delaware government, with an annual budget of more than \$1 billion.

For more than 30 years, Secretary Landgraf has been a leader on health care, disabilities, and senior issues, including formerly as executive director of The Arc of Delaware and the National Alliance on Mental Illness in Delaware, and president of AARP Delaware. Secretary Landgraf envisions a Delaware community which is responsive to all citizens including the aging and those with disabilities, and provides mobility options and life-enriching opportunities to enable citizens to remain and thrive in their communities.



Representative **Valerie Longhurst** (D-Bear) is the Majority Leader of the Delaware House of Representatives. She chairs the Rules, Administration and Ethics committees. She serves on the Telecommunication Internet & Technology committee.



Jack Markell is the Governor of Delaware and has led Delaware through the worst national recession since the Great Depression. Prior to being elected Governor, he served three consecutive terms as State Treasurer, winning his last re-election with an overwhelming 70 percent of the vote.

In announcing his ambitious First State Trails and Pathways Plan in October of 2011, Governor Markell said: *"My goal is to make Delaware walkable and bikeable, so more of us can enjoy the great Delaware outdoors. We can create a network of bicycle and pedestrian trails by building on existing pathways and trails. We create jobs and connect communities across the state and at the same time, expand recreational and transportation opportunities for Delawareans and visitors."*

Bios



Jeff Niezgoda is a Planning Supervisor with the Delaware Department of Transportation. Since coming to the Department in 2004 Niezgoda has been the manager of the Transportation Enhancement Program. His responsibilities include guiding projects such as sidewalks and bike paths through the entire process from concept through construction. His work requires that he have expertise in planning, engineering design, and construction including the numerous Federal and State regulatory requirements.

Prior to coming to DelDOT Niezgoda worked in the construction and engineering industry for seventeen years on a variety of projects ranging from major sewer installations to being a Survey Crew Chief on the SR1 project.



Collin O'Mara is the Secretary of the Delaware Department of Natural Resources and Environmental Control. In this role, he serves as the chief steward of Delaware's natural resources and leads the state's efforts to ensure access to clean water, improve air quality, remediate contaminated sites, reduce flood damage, expand youth outdoor experiences, and restore wildlife habitat. When Governor Markell appointed Secretary O'Mara in 2009, he was the youngest state cabinet official in the nation.

Prior to joining Governor Markell, Secretary O'Mara served as the Clean Tech Strategist for the City of San Jose, and was the primary architect of the city of San Jose's Green Vision, built upon the belief that environmental sustainability and smart economic development are inextricably linked and entirely compatible. A native of Syracuse, N.Y, Secretary O'Mara was a Marshall Scholar at the University of Oxford, a University Fellow at the Maxwell School of citizenship and Public Affairs, and a Presidential Scholar



Karyl Thomas Rattay, MD, MS, is the Director of the Delaware Division of Public Health. As DPH Director and Delaware's State Health Officer, Dr. Rattay leads 1,500 employees.

Dr. Rattay earned a Medical Doctorate from the Medical University of Ohio and then completed her pediatric residency at Georgetown University and a preventive medicine residency at the University of Maryland. She is board-certified in Pediatrics and Preventive Medicine and has practiced pediatrics for nearly 14 years. She has published multiple articles in the field of childhood obesity. She is an associate professor in the Department of Population, Family, and Reproductive Health at the Johns Hopkins Bloomberg School of Public Health.



Representative **Dan Short** (R-Seaford) is the Minority Leader of the Delaware House of Representatives. He serves on the Rules, Administration, Ethics, Veterans Affairs and Gaming & Parimutuels committees.

Before being elected to the Delaware House of Representatives, Representative Short served as the Mayor of the City of Seaford; on the Seaford City Council; as the Seaford Volunteer Fire Department Chief; and as the president of the Delaware and Sussex Association of Insurance and Financial Advisors.

Representative Short is a graduate of the University of Delaware.



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PASSED UNANIMOUSLY BY DELAWARE HOUSE ON MAY 12, 2011
PASSED UNANIMOUSLY BY DELAWARE SENATE ON MAY 10, 2011

DELAWARE STATE SENATE
146th GENERAL ASSEMBLY

SENATE CONCURRENT RESOLUTION NO. 13

WHEREAS, the Department of Transportation has in recent years made a significant effort to provide facilities for walking and bicycling using monies provided through federal programs such as the Transportation Enhancement Program, the Safe Routes to School Program, and the Hazard Elimination Program; and
WHEREAS, the future of these programs with respect to federal funding is uncertain; and
WHEREAS, there are other types of federal funds that can be used for walking and bicycling; and
WHEREAS, funds from a wide variety of other State, local government, and private sources can be similarly used; and
WHEREAS, the General Assembly believes that the capital expenditures of the Department of Transportation for various transportation modes should be approximately proportional to the use of those modes in Delaware; and
WHEREAS, there are large gaps in our transportation system where it is difficult, or even dangerous, for pedestrians and bicycle users to travel; and
WHEREAS, safe routes for walking and bicycling are especially important for transit riders, young people, seniors, travelers with disabilities, and casual and inexperienced bicycle users; and
WHEREAS, walking and bicycling are cost-effective transportation options for providing people with the mobility and access they need for daily life; and
WHEREAS, safe options for reducing transportation costs can provide essential flexibility for Delaware families that may need to cut costs in their household budgets when faced with unexpected changes in their economic circumstances; and
WHEREAS, rising fuel prices are expected to make the availability of cost-effective transportation options even more important in the future; and
WHEREAS, safe, non-motorized, transportation options can serve as an inexpensive insurance policy for the Delaware economy to help buffer the effects of oil price shocks and can help to reduce our dependence on foreign oil; and

WHEREAS, safe and enjoyable walking and bicycling routes can attract tourists to the State of Delaware and can spur economic development; and

WHEREAS, Delaware is facing a public health crisis with nearly two-thirds of adults and almost 40% of children in Delaware classified as overweight or obese; and

WHEREAS, the life expectancy of this generation of Delawareans may be less than the previous generation for the first time in our history if these health trends are not reversed; and

WHEREAS, providing safe opportunities to walk and bicycle for transportation and recreation promotes physical activity, which helps maintain a healthy weight and prevent heart disease, type 2 diabetes, and other chronic diseases.

NOW THEREFORE:

BE IT RESOLVED by the Senate of the 146th General Assembly of the State of Delaware, the House of Representatives concurring therein, that the Delaware Department of Transportation shall be responsible for leading the effort, working in conjunction with the Counties and Municipalities, Metropolitan Planning Organizations and other State agencies such as the Department of Natural Resources and Environmental Control, to plan, prioritize and fund the timely construction and maintenance of interconnected systems or networks of walkways and bikeways with special focus on connecting centers of population with destinations such as workplaces, schools, residences, businesses, recreation areas and other community activity centers in order to provide safe, convenient, cost-effective and healthy mobility via walking and bicycling;

BE IT FURTHER RESOLVED, that in these efforts the Department of Transportation shall create multi-use paths for pedestrian and bicycle user travel within and between cities and towns in Delaware on independent right-of-way outside of the right-of-way of existing roadways;

BE IT FURTHER RESOLVED, that the Department of Transportation is requested to identify funds for strategic investments in creating and maintaining walkways and bikeways in addition to the funds provided for paving and other routine maintenance and separate from the funds provided to design and build general purpose road projects that include transportation facilities for walking and bicycling as required by Executive Order and the Department's "Complete Streets" policy or through such programs as Transportation Enhancements and Safe Routes to School;

BE IT FURTHER RESOLVED, that the Department of Transportation shall report annually to the Bond Committee as part of its proposed capital budget regarding the progress that has been made in the previous year to design and construct interconnected networks of walkways and bikeways.

SYNOPSIS

This Senate Concurrent Resolution directs the Department of Transportation to expand its efforts to create contiguous systems or networks of walkways and bikeways within and between cities and towns in Delaware in order to provide travelers with the opportunity for safe, convenient, cost-effective and healthy transportation via walking and bicycling.

Author: Sen. Venables

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